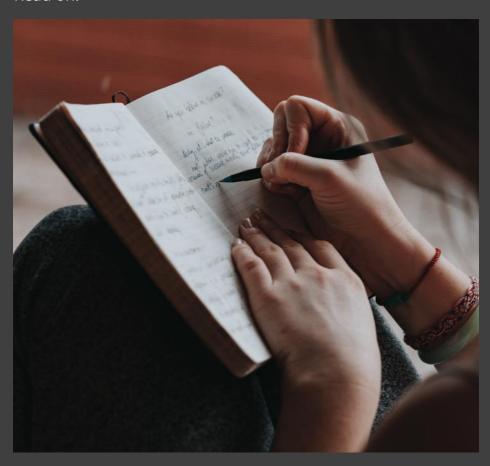


What is TALA-ARAWAN?

TALA-ARAWAN is the DICES weekly prayer diary.

TALA-ARAWAN features quotes from each day's Bible readings, reflection guide questions, daily challenges, and weekly features including games, trivia, and others.

Read on!





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TALA-ARAWAN: The DICES Weekly Prayer Diary



June 13 to June 19, 2022

Week 24 Monday to Sunday



June 13, 2022 *Monday*

First Reading 1 Kings 21:1-16

Two scoundrels came and sat opposite him and brought charges against Naboth before the people, saying, "Naboth has cursed both God and the king."

Responsorial Psalm Psalm 5:2-3ab, 4b-6a, 6b-7

You, O God, delight not in wickedness; no evil man remains with You; the arrogant may not stand in Your sight.

Monday of the Eleventh Week of Ordinary Time Saint Anthony of Padua

Gospel Reading Matthew 5:38-42

When someone strikes you on your right cheek, turn the other one to him as well.

Reflection Guide Question

What does "turning the other cheek" mean? Why did Jesus tell us to do this instead of seeking revenge?

Challenge Of The Day

Today, think about the times you were tempted to hurt back the people who hurt you, and surrender them to God.

Saint of the Week

Saint Anthony of Padua





Saint Anthony of Padua is the patron saint of the poor. He is also the saint invoked for the cause of lost things.

Saint Anthony's powerful teaching of the Catholic faith, as well as his devotion to the sick and the poor, made him one of the most quickly canonized saints in the history of the Roman Catholic Church.

Saint Anthony is usually depicted in art with a book, a heart, a flame, a lily, or the child Jesus.

Reference: Franciscan Media (2021), Britannica (2020)

June 14, 2022

Tuesday

First Reading 1 Kings 21:17-29

When Ahab heard these words, he tore his clothes, put on sackcloth and fasted. He lay in sackcloth and went around meekly.

Responsorial Psalm Psalms 51:3-4, 5-6ab, 11, 16

Turn away Your face from my sins, and blot out all my guilt. Free me from blood guilt, O God, my saving God.

Tuesday of the Eleventh Week of Ordinary Time

Gospel Reading Matthew 5:43-48

You shall love your neighbor and hate your enemy. But I say to you, love your enemies and pray for those who persecute you ...

Reflection Guide Question

Who are the people in your life who you find difficult to love? Why do you feel this way about them?

Challenge Of The Day

Today, pray for the people in your life who you find difficult to love, and ask God to help you love them.

June 15, 2022 Wednesday

First Reading 2 Kings 2:1, 6-14

"As the Lord lives, and as you yourself live, I will not leave you," Elisha replied (to Elijah).

Responsorial Psalm Psalm 31:20, 21, 24

The Lord keeps those who are constant, but more than requites those who act proudly.

Wednesday of the Eleventh Week of Ordinary Time

Gospel Reading Matthew 6:1-6, 16-18

Be careful not to practice your righteousness in front of others to be seen by them. If you do, you will have no reward from your Father in heaven.

Reflection Guide Question

What is wrong with doing good things to be seen by others? Isn't it enough that you do good things?

Challenge Of The Day

Today, do something good—pray, do chores, finish schoolwork—without calling attention to yourself.

June 16, 2022

Thursday

First Reading Sirach 48:1-14

As in his life (Elijah) did wonders, so in death his deeds were marvelous.

Responsorial Psalm Psalm 97:1-2, 3-4, 5-6, 7

The Lord is king; let the earth rejoice; let the many isles be glad.

Thursday of the Eleventh Week of Ordinary Time

Gospel Reading Matthew 6:7-15

In praying, do not babble like the pagans, who think that they will be heard because of their many words ... Your Father knows what you need before you ask Him.

Reflection Guide Question

Whenever you pray, do you say few or many words? Do you tend to pray with pre-written prayers, or do you talk to God as if you are in a conversation?

Challenge Of The Day

Today, ask God to provide you with what you truly need.

June 17, 2022 *Friday*

First Reading 2 Kings 11:1-4, 9-18, 20

He made a covenant with them and put them under oath in the house of the Lord.

Responsorial Psalm Psalm 132:11, 12, 13-14, 17-18

If your sons keep My covenant and the decrees which I shall teach them, their sons, too, forever shall sit upon your throne.

Friday of the Eleventh Week of Ordinary Time

Gospel Reading Matthew 6:19-23

The lamp of the body is the eye. If your eye is sound, your whole body will be filled with light; but if your eye is bad, your whole body will be in darkness.

Reflection Guide Question

Why did Jesus say that the eye is the "lamp of the body"? What is the meaning of "light" in His metaphor?

Challenge Of The Day

Today, reflect about the way you see the world, and ask God to help you keep your eyes open to the truth.

June 18, 2022

Saturday

First Reading 2 Chronicles 24:17-25

Why are you transgressing the Lord's commands, so that you cannot prosper? Because you have abandoned the Lord, He has abandoned you.'

Responsorial Psalm Psalm 89:4-5, 29-30, 31-32, 33-34

I have made a covenant with My chosen one ...
"I will make your dynasty stand forever and establish your throne through all ages."

Saturday of the Eleventh Week of Ordinary Time

Gospel Reading Matthew 6:24-34

Do not worry about your life, what you will eat or drink, or about your body, what you will wear. Is not life more than food and the body more than clothing?

Reflection Guide Question

Are you and your family worried about your food, drink, and clothing? Why or why not?

Challenge Of The Day

Today, in prayer, ask God to help you worry less about worldly things and focus on spiritual matters.

June 19, 2022Sunday

First Reading Genesis 14:18-20

Blessed be Abram by God Most High, the creator of heaven and earth; and blessed be God Most High, who delivered your foes into your hand.

Responsorial Psalm Psalm 110:1, 2, 3, 4

The Lord has sworn, and he will not repent: "You are a priest forever, according to the order of Melchizedek."

Second Reading 1 Corinthians 11:23-26

This is My body that is for you. Do this in remembrance of Me ... This cup is the new covenant in My blood.
Do this, as often as you drink it, in remembrance of Me.

Solemnity of the Most Holy Body and Blood of Christ

Gospel Reading Luke 9:11b-17

Taking the five loaves and the two fish, and looking up to heaven, he said the blessing over them, broke them, and gave them to the disciples to set before the crowd.

Reflection Guide Question

When was the last time you took Holy Communion? During that time, did you receive Jesus in your heart?

Word of the Week

Corpus Christi

/ˌkôrpəs ˈkristē/ noun

The feast of Corpus Christi, also known as the Solemnity of the Most Holy Body and Blood of Christ, is the celebration of the presence of the Body and Blood, as well as Soul and Divinity, of Jesus Christ in the Holy Eucharist.

The formal ecclesiastical Latin name for the feast, "Dies Sanctissimi Corporis et Sanguinis Domini Iesu Christi", translates to "Day of the Most Holy Body and Blood of Jesus Christ the Lord".





The shortened version, "Corpus Christi", translates to "Body of Christ".

The feast, which was intended to be a celebration focused on the Holy Eucharist, was proposed by Saint Thomas Aquinas to Pope Urban IV.

References: Britannica (2018), Catholic News Agency (2019)

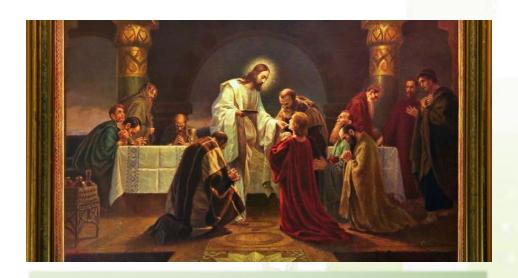


Quotes of the Week

It is in listening to His word, in nourishing ourselves with His Body and His Blood that He moves us on from being a multitude to being a community, from anonymity to communion. The Eucharist is the sacrament of communion that brings us out of individualism so that we may follow Him together, living out our faith in Him.

Therefore we should all ask ourselves before the Lord: how do I live the Eucharist?

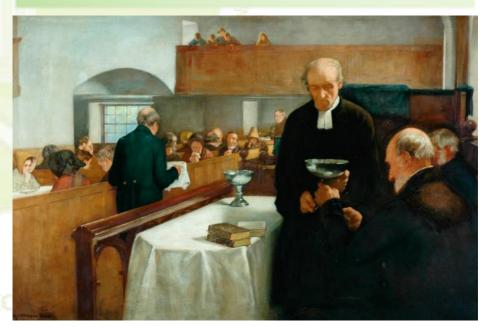




Do I live it anonymously or as a moment of true communion with the Lord, and also with all the brothers and sisters who share this same banquet? What are our Eucharistic celebrations like? ...

The Lord distributes for us the bread that is His Body, He makes Himself a gift; and we too experience "God's solidarity" with man, a solidarity that is never depleted, a solidarity that never ceases to amaze us: God makes Himself close to us, in the sacrifice of the Cross He humbles Himself, entering the darkness of death to give us His life which overcomes evil, selfishness

and death. Jesus, this evening too, gives Himself to us in the Eucharist, shares in our journey, indeed He makes Himself food, the true food that sustains our life also in moments when the road becomes hard-going and obstacles slow our steps. And in the Eucharist the Lord makes us walk on His road, that of service, of sharing, of giving; and if it is shared, that little we have, that little we are, becomes riches, for the power of God—which is the power of love—comes down into our poverty to transform it.





So let us ask ourselves, in adoring Christ who is really present in the Eucharist: do I let myself be transformed by Him? Do I let the Lord who gives Himself to me, guide me to going out ever more from my little enclosure, in order to give, to share, to love Him and others?

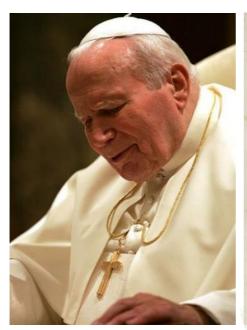
—Pope Francis

Reference: Solemnity of Corpus Christi—Basilica of St John Lateran (2013)

Today the Church shows the world the Corpus Christi—the Body of Christ. And she invites us to adore Him: "Venite adoremus." Come let us adore Him.

The attention of believers is focused on the Sacrament in which Christ has left Himself: Body, Blood, Soul and Divinity. It is the reason for considering it as the holiest reality: "the Blessed Sacrament", the living memorial of the redeeming Sacrifice. ...







Christ who died and rose for us is really present in the Holy Eucharist.

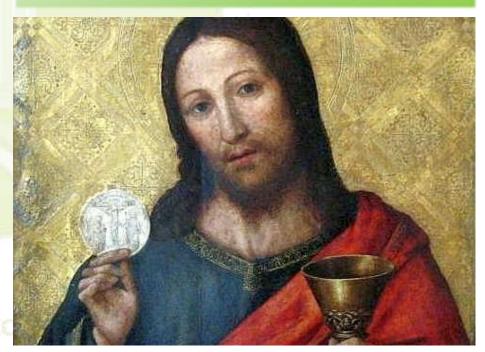
In the consecrated Bread and Wine, the same Jesus of the Gospels remains with us whom the disciples met and followed, whom they saw crucified and risen, whose wounds Thomas touched, exclaiming prostrate in adoration: "My Lord and my God!"

—Saint John Paul II

Reference: Solemnity of Corpus Christi–Homily of John Paul II (2001)

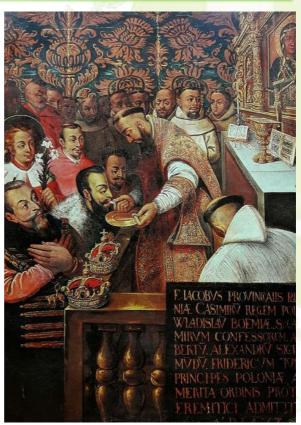
Prayer of the Week

Almighty and Eternal God, behold I come to the sacrament of Your only-begotten Son, our Lord Jesus Christ. As one sick, I come to the Physician of life; unclean, to the Fountain of mercy; blind, to the Light of eternal splendor; poor and needy to the Lord of heaven and earth. Therefore, I beg of You, through Your infinite mercy



and generosity, heal my weakness, wash my uncleanness, give light to my blindness, enrich my poverty, and clothe my nakedness. May I thus receive the Bread of Angels, the King of Kings, the Lord of Lords, with such reverence and humility, contrition and devotion, purity and faith, purpose and intention, as shall aid my soul's salvation.







Grant, I beg of You, that I may receive not only the Sacrament of the Body and Blood of our Lord, but also its full grace and power. Give me the grace, most merciful God, to receive the Body of your only Son, our Lord Jesus Christ, born of the Virgin Mary, in such a manner that I may deserve to be intimately united with His mystical Body and to be numbered among His members. Most loving Father, grant that I may behold for all eternity face to face Your beloved Son, whom

now, on my pilgrimage, I am about to receive under the sacramental veil, who lives and reigns with You, in the unity of the Holy Spirit, God, world without end. Amen.

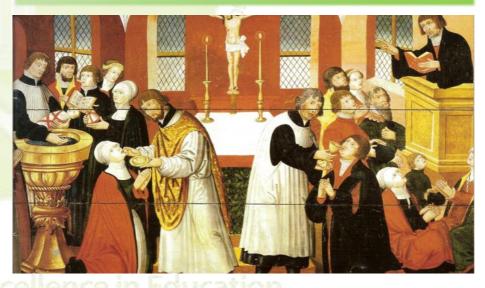
—Saint Thomas Aquinas



Reference: Prayer Before Holy Communion—Saint Thomas
Aquinas

Soul of Christ, sanctify me. Body of Christ, save me. Blood of Christ, inebriate me. Water from the side of Christ, wash me. Passion of Christ, strengthen me. O good Jesus, hear me. Within Thy wounds, hide me. Separated from Thee let me never be. From the malignant enemy, defend me. At the hour of death, call me. To come to Thee, bid me, That I may praise Thee in the company Of Thy Saints, for all eternity. Amen.

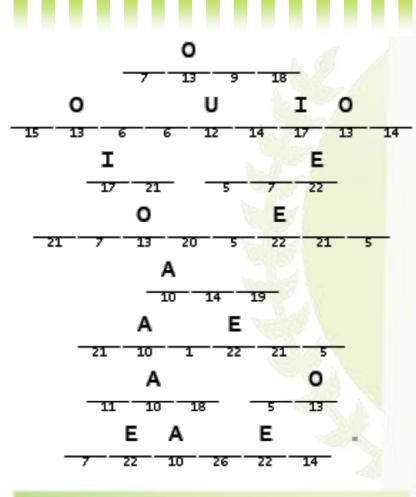
—Pope John XXII



Reference: Catholic Encyclopedia (1907)

Game of the Week

Cryptogram Puzzle



Each letter in the phrase has been replaced with a random letter or number.

Try to decode the message from Pope Pius X.

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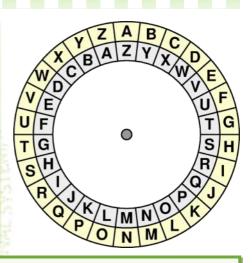
Last Week's Game

Atbash Cipher Puzzle

The quote below from Pope Francis has been encoded using an "Atbash" or "reverse alphabet cipher".

In this case, the first letter "A" becomes the last letter "Z", and so on, as shown on the right.

Solve the cipher to reveal the quote.



TLW RH Z 'UZNROB' LU GSIVV KVIHLMH DSL OLEV VZXS LGSVI HL NFXS GSVB ULIN Z HRMTOV GSRMT.

GOD IS A 'FAMILY' OF THREE PERSONS WHO LOVE EACH OTHER SO MUCH THEY FORM A SINGLE THING.

-Pope Francis

Trinity Sunday Angelus Homily-Pope Francis (2016)



DICES, let us pray.